

Caregiver Supports

Support Groups

Catholic Charities Caregivers Support Services

Service: Support Groups for persons providing frequent care for frail and elderly seniors. Several locations within Albany and Rensselaer Counties.

Contact/Fee: For more on this service, call Catholic Charities at 449-2001

www.cccaregivers.org

Dayhaven AdultCare

Service: Social Adult Daycare. A secure environment with motivational activities, a hot lunch and nutritional snack to provide respite for families caring for the elderly or physically handicapped. Open Monday – Friday, 7:30 – 5:30.

www.ccschdy.org

Contact/Fee: For more on rates and financial assistance, call Betty Parks at 346-1852.

Email: bparks@cathcharschdy.org

Relatives As Parent Program

Service: Monthly meetings at several sites within Albany County to discuss legal issues, concerns and challenges for relatives raising grandchildren.

Contact/Fee: For more on this service, call Catholic Charities at 449-2001.

Email: chriss@ccalbany.org

Alzheimer's Association

Service: Caregiver support through family education workshops, family counseling help line, and resource center materials.

Service: Caregiver grief counseling for a recent placement in long term care or loss of a family member.

Service: Support group for persons with early staged dementia and their care providers.

Contact/Fee: Visit www.alz.org/northeasternny or www.alz.org for more on these free services. For information or help line support call 438-2217 or 1-800-272-3900 for 24 hour assistance.

American Cancer Society

Service: A wide range of support groups responding to demand, including Family and Caregivers, General Cancer, Prostate Cancer, Breast Cancer, Ovarian Cancer, Leukemia, Chemo-therapy for Women, Ostomy, and Thyroid cancer.

Service: Cancer Education and coping support resources and counseling.

Contact\Fee: Visit www.cancer.org or call 438-7841 in Loudonville, 449-5438 in Albany or the national help line at 1-800-227-2345.

II. New Scotland Churches

Service: Fellowship, spiritual guidance,
home visits, advocacy and social
programs.

Clarksville Community Reformed Church 768-2916

Rte 443 Clarksville 12041

Family Worship Center 768-2021

92 Lower Copeland Hill Rd Feura Bush 12067

First Assembly of God 438-3841

477 Krumkill Rd Albany 12203

Jerusalem Reformed Church 439-0548

Route 32 Feura Bush 12067

Mountainview Evangelical Free Church 765-3390

State Farm Road Voorheesville 12186

New Scotland Presbyterian Church 439-6454

2010 New Scotland Rd New Scotland

Onesquethaw Reformed Church 768-2133

Tarrytown Rd Feura Bush 12067

St. Matthew's Church 765-2805

2 Mountainview Street Voorheesville 12186

Unionville Reformed Church 439-5020

1134 Delaware Tnpke Delmar 12054

Voorheesville First United Methodist Church

68 Maple Avenue Voorheesville 12186 765-2895

III. Social Day Service Programs

Service: Structured programs for functionally impaired persons providing supervision, socialization, recreation and personal care.

Bright Horizons

Contact/Fee: Bright Horizons at Colonie Senior Service Centers. For more on their Monday – Friday program, from 8 am to 5 pm, call 459-2857 x322.

www.brighthorizonssocialcenters.org

email: brighthorizons@colonieseniors.org

Cohoes Adult Day Services

Contact/Fee: For more on their Monday – Friday program, from 9 am to 4 pm, call 235-2420.

www.cohoesseniorcenter.org

email: wecare@choesseniorcenter.org

Newgate Adult Day Services Program

Contact/Fee: Newgate Adult Day Services Program at 25 Delaware Avenue. For more on their Monday – Friday program, from 8:30 am to 4:30 pm, call 449-8035.

www.seniorservicesofalbany.org

Caregiver Respite

Caregivers Support Services

Service: Home health aides to assist elder residents in their homes, a short stay at an adult home, or during the day at an adult day care center.

Contact/Fee: For more on this service, call Catholic Charities at 449-2001.

www.cccargivers.org

Respite Companion Program

Service: Referrals available for trained companions in the area providing personal care, housekeeping, transportation, medical or non-medical assistance.

Contact/Fee: Fees vary, for more information call the Alzheimer's Association at 438-2217 or 1-800-272-3900.

www.alz.org/northeasternny

Friendly Visits & Calls

Senior Services of Albany

Service: Friendly visitation for seniors who are homebound.

Contact/Fee: Call Senior Services of Albany for free volunteer visits at 432-0813.

www.seniorservicesofalbany.com

Red Cross of Northeastern New York

Service: Regular telephone reassurance call to help relieve concerns of those who live alone, thereby, assisting them to remain independent.

Contact/Fee: Call the American Red Cross of
Northeastern New York Office of
Volunteers for free services at 518
458-8111 ext. 3003.

www.americanredcrossnyne.com

Senior Housing

Albany County Guide

Service: The County of Albany has prepared a 106-page guide of senior housing alternatives throughout Albany County. It contains substantial information on a range of housing options, such as: Handicapped Units; Senior Subsidized Housing; Congregate Housing; Enriched Housing; Dementia Care; Adult Homes; Assisted Living; Nursing Homes and Apartment buildings or complexes in which most of the renters are 60 or older.

Contact/Fee: There is no fee for this resource to be mailed to you, or read it on the web at www.albanycounty.com. Call Albany County Department for the Aging for more at 447-7177.

Eldercare Locator

Service: Nationwide directory assistance for locating local senior services.

Contact/Fee: Free service, call 1-800-677-1116.
www.eldercare.gov

United Tenants of Albany

Service: Telephone hotline for information and counseling. Homeless prevention program provides counseling, advocacy, and emergency financial assistance to tenants at risk of becoming homeless.

Contact\Fee: Free service available at 436-8997.
www.unitedtenantsalbany.org
Email: utalb@verizon.net

